



Riverside Fire & Rescue

Fire Station 74  
4114 56th Ave E  
Puyallup, WA 98371  
253-922-5644

**Fire Commissioners**  
John Campbell  
Karen Megrn  
Peter Allison

#### Fire Chief Staff

Kira Thirkield  
**Interim Fire Chief**

Daniel Hugo  
**Battalion Chief**

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**In An Emergency  
Dial 9-1-1**

# THE DISPATCH



## RIVERSIDE FIRE AND RESCUE IS PARTICIPATING IN A NATIONWIDE PROGRAM TO REDUCE STROKE OCCURRENCE AND IMPROVE OUTCOMES.

THE ULTIMATE GOAL OF THE PROGRAM IS TO IMPROVE OUTCOMES FOR VICTIMS OF STROKE AND INCREASE PUBLIC AWARENESS AND EDUCATION.

- SOMEONE IN THE US HAS A STROKE ABOUT ONCE EVERY 40 SECONDS.
- STROKE ACCOUNTS FOR 1 OF EVERY 20 DEATHS IN THE US.
- STROKE KILLS SOMEONE IN THE US ABOUT EVERY 4 MINUTES.
- STROKE IS A LEADING CAUSE OF SERIOUS LONG-TERM DISABILITY IN THE US.
- STROKE WAS THE 2ND LEADING GLOBAL CAUSE OF DEATH BEHIND HEART DISEASE IN 2013
- A RECENT STUDY ESTIMATED FINANCIAL COST OF STROKES IN THE U.S. WILL SOAR TO MORE THAN \$2.2 TRILLION OVER THE NEXT 45 YEARS IF NO ACTION IS TAKEN TO IMPROVE PREVENTIVE CARE OR TREATMENT.

#### SIGNS OF STROKE

- SUDDEN NUMBNESS OR WEAKNESS OF THE FACE, ARM OR LEG, ESPECIALLY ON ONE SIDE OF THE BODY.
- SUDDEN CONFUSION, TROUBLE SPEAKING OR UNDERSTANDING.
- SUDDEN TROUBLE SEEING IN ONE OR BOTH EYES.
- SUDDEN TROUBLE WALKING, DIZZINESS, LOSS OF BALANCE OR COORDINATION.
- SUDDEN SEVERE HEADACHE WITH NO KNOWN CAUSE.

THE FASTER A STROKE IS TREATED, THE MORE LIKELY THE PATIENT WILL RECOVER. PATIENTS WHO ARE TREATED WITHIN 90 MINUTES OF THEIR FIRST SYMPTOMS ARE ALMOST THREE TIMES MORE LIKELY TO RECOVER WITH LITTLE OR NO DISABILITY.

CALLING 911 AT THE FIRST SIGN OF STROKE IS CRITICAL. OUR STATE'S SYSTEM IS ACTIVATED THE MOMENT YOU CALL. EMERGENCY MEDICAL SERVICE RESPONDERS ARE SPECIALLY TRAINED ON STROKE ASSESSMENT AND THEY ALERT THE HOSPITAL IN ADVANCE SO STROKE PATIENTS GET SEEN AND TREATED FASTER.

THINK **F.A.S.T** FOR THE MOST COMMON SIGNS AND SYMPTOMS OF STROKE, AND CALL 9-1-1 IMMEDIATELY IF YOU OR SOMEONE YOU'RE WITH HAS SIGNS OF A STROKE.

- |               |   |
|---------------|---|
| <b>FACE</b>   | ASK THE PERSON TO SMILE. DOES ONE SIDE OF THE FACE DROOP?   |
| <b>ARMS</b>   | ASK THE PERSON TO RAISE THEIR ARMS, NOTE IF ONE ARM DRIFTS DOWNWARD OR NOT MOVE AT ALL.   |
| <b>SPEECH</b> | ASK THE PERSON TO REPEAT A SIMPLE SENTENCE. IS SPEECH SLURRED OR HARD TO UNDERSTAND? ARE THEY UNABLE TO SPEAK?  |
| <b>TIME</b>   | TIME TO CALL 911 IF YOU SEE ANY ONE OF THESE SIGNS. NOTE THE TIME SYMPTOMS STARTED, OR WHEN THE PERSON WAS LAST KNOWN TO BE NORMAL AND TELL THE EMERGENCY MEDICAL RESPONDERS. |

NATIONAL STATISTICS SOURCE: AMERICAN STROKE ASSOCIATION 2017 INFORMATION PROVIDED BY THE WA STATE DEPARTMENT OF HEALTH, WA COVERDELL ACUTE STROKE PROGRAM.



## Meeting Your Firefighters

Firefighters will be out at several locations offering free blood pressure checks this summer

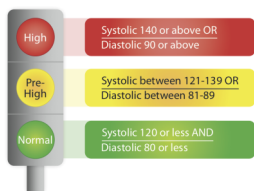
## First and Third Saturday Of the Month

Tacoma Country Est.  
Valley brook MHP

## Second and Fourth Saturday Of the Month

Majestic MHP  
Riverside Villa

As always blood pressure checks can be done at Station 74 between 8Am-5Pm



Small decreases in blood pressure can really help your heart. Every five point decrease in blood pressure reduces your risk of heart attack by 21%

Source: WA Dept of Health

# YOUR FIREFIGHTERS

## MEET YOUR FIREFIGHTERS FIREFIGHTER / EMT DAVID MANIAGO

DAVID MANIAGO BEGAN WITH RIVERSIDE FIRE AND RESCUE IN 2014 WHERE HE ATTENDED THE DEPARTMENTS FIRST IN HOUSE FIRE ACADEMY. HE IS A US MARINE VETERAN WITH TWO COMBAT TOURS TO AFGHANISTAN'S HELMAND PROVINCE. SINCE JOINING THE RANKS OF FIREFIGHTER HE HAS BECOME A DRIVER/ OPERATOR, EXPERIENCED EMT, SEASONED FIREFIGHTER AND INSTRUCTOR. HE IS ACTIVE IN COMMUNITY EVENTS, NEW FIREFIGHTER TRAINING AND LEADS THE DEPARTMENT IN PHYSICAL FITNESS AWARENESS AND TRAINING. HE RECENTLY ENROLLED IN HIGHLINE COMMUNITY COLLEGE AS A NURSING STUDENT AND HAS JUST BEEN ACCEPTED TO THE UNIVERSITY OF WASHINGTON-TACOMA WHERE HE WILL COMPLETE HIS DEGREE.



DAVID MANIAGO PROVIDED AN INSIGHT INTO HIS WORK ETHIC AND DEDICATION WITH HIS FAVORITE SAYING/QUOTE "LET'S GET THE JOB DONE."

## WANT TO BE A FIREFIGHTER?

### WE ARE CURRENTLY LOOKING FOR NEW VOLUNTEERS

WE ARE LOOKING FOR MOTIVATED PEOPLE INTERESTED IN BECOMING A FIREFIGHTER / EMT. OUR VOLUNTEER FIREFIGHTERS ARE THE BACKBONE OF OUR ORGANIZATION AND A CRUCIAL PART OF PROVIDING 9-1-1 EMERGENCY SERVICES. OUR VOLUNTEERS RECEIVE A COMPENSATION STIPEND FOR THEIR SERVICE, INCLUDING WEEKLY DRILL, TRAINING, EMERGENCY RESPONSE, AND STATION STAFFING.



### NEW FIREFIGHTERS WILL OBTAIN:

- IFSAC FIREFIGHTER I
- HAZARDOUS MATERIALS AWARENESS
- HAZARDOUS MATERIALS OPERATIONS
- EMERGENCY VEHICLE DRIVER (EVIP)
- EMERGENCY MEDICAL TECHNICIAN

### APPLICANTS MUST POSSESS

- 18 YEARS OF AGE
- HIGH SCHOOL DIPLOMA
- WA DRIVERS LICENSE
- WA DRIVERS ABSTRACT WITH A GOOD RECORD
- CURRENT ACCEPTED PHYSICAL EXAMINATION
- CLEAN BACKGROUND



IF YOU OR SOMEONE YOU KNOW IS INTERESTED PLEASE VISIT THE VOLUNTEERING SECTION OF OUR WEBSITE FOR MORE DETAILS.

PROUDLY SERVING PIERCE FIRE DISTRICT 14 & THE PUYALLUP TRIBAL NATION  
PROFESSIONALISM ACCOUNTABILITY COURTESY COMPASSION INTEGRITY COMMITMENT



### Highlights from April 2017 NFPA U.S. Fire Department Profile Statistics (2015 Stats):

There were 1,160,450 career and volunteer firefighters in the United States in 2015.

- 30% (345,600) were career firefighters.
- 70% (814,850) were volunteer firefighters

29,727 fire departments protected the United States in 2015.

- All Career 2,651
- Mostly Career 1,893
- Mostly Volunteer 5,421
- All Volunteer 19,762

In 2015, 7.3%, of the firefighters were female. Of the career firefighters 12,850 (3.7%) were female firefighters.

There were 72,250 volunteer firefighters who were female, 8.9% of the total.

Half the fire service is 40 or more years old.



# A MESSAGE FROM OUR CHIEF

IT HAS NOW BEEN THREE YEARS SINCE THE FIRE DISTRICT DISCONTINUED CONTRACTING SERVICES WITH CENTRAL PIERCE FIRE AND RESCUE AND RESUMED OPERATIONS INDEPENDENTLY. IT HAS BEEN A BUSY THREE YEARS WITH LOTS OF CHANGES AND HARD WORK FROM OUR DEDICATED VOLUNTEERS. WE BEGAN RESUMING OPERATIONS ON MAY 2<sup>ND</sup> 2014 UNDER THE GUIDANCE OF FIRE CHIEF TONY COOPER. IT FELT MUCH LIKE WE WERE STARTING A BRAND NEW DEPARTMENT TO THE OFFICERS AND COMMISSIONERS AS WE WORKED TIRELESSLY TO MAKE SURE OUR EQUIPMENT, FACILITIES, STAFFING AND TRAINING WERE ALL BACK TO NORMAL OPERATION. WE HAD MANY VOLUNTEERS AND OFFICERS RETURN BUT THAT STILL LEFT US WITH A SHORTAGE OF TRAINED STAFF. WE DID EXTENSIVE RECRUITING AND RAN OUR FIRST EVER IN HOUSE FIRE ACADEMY THAT RESULTED IN A DOZEN TRAINED PERSONNEL. WE CONTINUE TO RECRUIT AND TRAIN NEW VOLUNTEERS TO A MINIMUM OF IFSAC FIREFIGHTER 1, HAZARDOUS MATERIALS OPERATIONS AND EMT BASIC.



Gwen Bagne

THROUGH A GENEROUS GRANT FROM THE PUYALLUP TRIBAL NATION FOR \$90,000, WE WERE ABLE TO UPDATE OUR COMMUNICATIONS SYSTEMS AND REMODEL OUR STATION. CONTINUED SUPPORT FROM OUR COMMUNITY THROUGH OUR EMS AND MAINTENANCE AND OPERATIONS LEVY HAS PRODUCED AN ADEQUATE OPERATING BUDGET. WITHOUT THIS FINANCIAL SUPPORT IT WOULD NOT HAVE BEEN POSSIBLE TO RESUME THE HIGH LEVEL OF OPERATIONS THAT OUR COMMUNITY HAS COME TO EXPECT.

THIS LAST YEAR WE SAW THE RESIGNATION OF CHIEF TONY COOPER. THE BOARD OF COMMISSIONERS COMMENTED "CHIEF COOPER WAS VERY INSTRUMENTAL IN THE REOPENING OF THE DEPARTMENT THREE YEARS AGO, AND FOR THAT HE IS DUE MUCH CREDIT, APPRECIATION, AND THANKS. WE WISH HIM WELL!" WITH HIS RESIGNATION I HAVE TAKEN OVER AS INTERIM FIRE CHIEF WHILE THE BOARD WORKS TO HIRE A NEW FIRE CHIEF. I HAVE BEEN WITH RIVERSIDE FIRE SINCE 2005 WHEN I STARTED AS A VOLUNTEER. WHILE VOLUNTEERING, ASIDE FROM MY EXTENSIVE FIRE AND EMS TRAINING, I COMPLETED MY BACHELORS DEGREE AT THE UNIVERSITY OF WASHINGTON AND WORKED AT TRIMED AMBULANCE. I WAS HIRED AS FULL TIME BATTALION CHIEF FOR RIVERSIDE IN FEBRUARY OF 2015. I HAVE HAD A LOVE AND PASSION FOR THE FIRE SERVICE, THIS DEPARTMENT AND ITS COMMUNITY SINCE THE MOMENT I STARTED AND I AM PROUD TO BE WORKING HERE FULL TIME AND TEMPORARILY LEADING THE DEPARTMENT DURING THIS TRANSITION.

**KIRA THIRKIELD—INTERIM FIRE CHIEF—RIVERSIDE FIRE AND RESCUE**

## PREVENT HEAD INJURIES WITH A BIKE HELMET

ACCORDING TO THE CENTER FOR DISEASE CONTROL AND PREVENTION, OVER 25,000 CHILDREN ARE TREATED IN EMERGENCY DEPARTMENTS FOR TRAUMATIC BRAIN INJURIES EVERY YEAR.

WEARING A BICYCLE HELMET CAN REDUCE THE RISK OF THESE LIFE-THREATENING INJURIES UP TO 85%.

**RIVERSIDE FIRE PROVIDES HELMETS AND FITTING FOR \$7. STOP BY OUR STATION ANYTIME FROM 8AM-5PM.**

### Make sure it fits!



*Always wear a properly fitted, activity specific helmet*

For more information contact York Region Health Connection at 1-800-361-5653 York Region

**PROUDLY SERVING PIERCE FIRE DISTRICT 14 & THE PUYALLUP TRIBAL NATION  
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**A New Look For Us!**  
We are getting a fresh new look!



After several years of proudly wearing our current patch we will be making a change and retiring our current patches (above)



Our new patches were designed after several of our staff submitted their own ideas. After months of consolidating the different designs, working with a local friend that volunteered her professional services, this is the design that was created and selected to adorn our uniforms.

#### **Smoke Detectors Save Lives**

An estimated 890 lives could be saved each year if all Homes had a working smoke detector.

**If you need a new smoke or carbon monoxide detector please feel free to give us a call and we will come out and install one for you!**

# A LOOK AT OUR SERVICES

A LOOK AT THE DISTRICTS RESPONSES OVER THE LAST 10 YEARS BY CALL TYPE.

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
ALS	101	125	120	133	146	140	147	0	89	139	166
BLS	132	149	150	125	116	143	164	0	118	202	143
FIRE	70	44	39	51	38	15	19	0	20	63	44
MVA	49	51	46	49	40	28	33	0	27	38	49
SERVICE	54	42	32	42	26	57	81	0	36	50	55
SPEC OPS	3	7	2	3	3	0	0	0	0	5	2
<b>TOTAL</b>	<b>466</b>	<b>469</b>	<b>446</b>	<b>423</b>	<b>389</b>	<b>390</b>	<b>456</b>	<b>0</b>	<b>290</b>	<b>497</b>	<b>459</b>

\* THE DISTRICT CONTRACTED SERVICES WITH CENTRAL PIERCE FROM JANUARY 2013— APRIL 2014.

## WILDLAND FIRE SEASON

AS SUMMER HAS FINALLY ARRIVED, YOUR FIREFIGHTERS SPENT THE SPRING TRAINING ON SPECIALTY RESPONSES THAT HAVE AN INCREASE IN FREQUENCY IN THE WARMER SUMMER MONTHS. CREWS RECENTLY SPENT SEVERAL DAYS REFRESHING THEIR TRAINING AND IMPROVING THEIR SKILLS IN WILDLAND (BRUSH FIRES) FIREFIGHTING. OUR FIRE DISTRICT HAS A UNIQUE ASPECT IN WHICH WE HAVE A WILDLAND URBAN INTERFACE COMPONENT TO DEAL WITH IN THE EVENT OF A LARGE WILDLAND FIRE. WHAT THIS MEANS IS THAT THERE ARE AREAS WHERE FOREST AND HEAVY VEGETATION MEET UP WITH RESIDENTIAL AND COMMERCIAL BUSINESSES WITH NO NATURAL BREAK BETWEEN THEM.

MANY OF OUR VOLUNTEER FIREFIGHTERS ARE CROSS TRAINED AS WILDLAND FIREFIGHTERS IN A PARTNERSHIP WITH WASHINGTON STATE DEPARTMENT OF NATURAL RESOURCES. IN THE EVENT OF A LARGE FIRE RESPONSE IN THE STATE, FIREFIGHTERS FROM OUR DISTRICT WILL RESPOND TO ASSIST ANYWHERE THEY ARE NEEDED AS PART OF A STATE WIDE MOBILIZATION PLAN. NO NEED TO WORRY ABOUT COVERAGE HERE, OUR MAIN PRIORITY IS YOUR SAFETY AND PROVIDING SERVICES TO OUR COMMUNITY. THE FIRE DISTRICT WILL SEND 2-4 PERSONNEL WITH ONE UNIT, EITHER A BRUSH ENGINE OR FIRE ENGINE.



### **SOME TIPS TO KEEP YOUR HOME SAFE THIS SUMMER**

- CLEAR NEEDLES, LEAVES AND OTHER DEBRIS FROM YOUR ROOF, GUTTERS AND EVES.
- REMOVE FLAMMABLE ITEMS WITHIN 30 FEET OF ALL STRUCTURES, INCLUDING FIREWOOD PILES
- MAINTAIN A WELL HYDRATED LAWN, SHRUBS AND TREES AROUND YOUR HOME
- IF ITS BROWN, TRIM IT DOWN. CUT AND REMOVE ANY DRY GRASSES AND YARD DEBRIS FROM YOUR HOME
- SECURE PROPANE TANKS IN A AREA NOT SUSCEPTIBLE TO VEGETATION FIRES

FOR MORE INFORMATION ON WILDLAND FIRE PREPARATIONS VISIT [WWW.FIREWISE.ORG](http://WWW.FIREWISE.ORG)

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## Fireworks Discharge Times

**June 28**

12Pm-11PM

**June 29 - July 3**

9Am -11Pm

**July 4**

9Am -12Am

**July 5**

9Am -11Pm

**July 4th**

## Public Fireworks Displays

**Federal Way**

**Red, White & Blues**

Celebration Park

10:15Pm

**Tacoma**

**Freedom Fair**

Ruston Way

10:00Pm

**Seattle Seafair**

Gasworks Park

10:20Pm

## The Declaration of Independence fun fact:

In 1776, there were 2.5 million people living in the new nation. Today the population of the USA is over 300 million!



# FIREWORKS INFORMATION

## FIREWORKS SAFETY TIPS

KNOW THE AREAS FIREWORK LAWS AND REGULATIONS. IN UNINCORPORATED PIERCE COUNTY IT IS ILLEGAL TO POSSES AND DISCHARGE FIRECRACKERS, BOTTLE ROCKETS, MISSILE TYPE ROCKETS, AS WELL AS ANYTHING THAT CAN MAYBE CONSIDERED A BOMB. ILLEGAL USE OF FIREWORKS WILL RESULT IN FINES OR ADDITIONAL CONSEQUENCES FROM THE PIERCE COUNTY SHERIFFS OFFICE. REMEMBER THAT SOME FIREWORKS PURCHASED FROM TRIBAL FIREWORKS STANDS MAY NOT BE PERMITTED OFF THE TRIBAL PROPERTY.



## CELEBRATING SAFELY

### SAFETY TIPS FROM THE PIERCE COUNTY FIRE MARSHALS OFFICE

#### BE PREPARED... BEFORE YOU LIGHT FIREWORKS

- ONLY USE FIREWORKS PURCHASED FROM STATE LICENSED FIREWORKS STANDS—ILLEGAL FIREWORKS ARE SUBJECT TO CONFISCATION AND POSSIBLE CRIMINAL CHARGES.
- STORE FIREWORKS OUT OF CHILDREN'S REACH.
- KEEP PETS SAFE INDOORS.
- ALWAYS KEEP WATER HANDY

#### BE SAFE... WHEN LIGHTING FIREWORKS

- ONLY RESPONSIBLE AND SOBER ADULTS SHOULD LIGHT FIREWORKS.
- ONLY USE FIREWORKS OUTDOORS.
- DO NOT THROW, HOLD OR LIGHT FIREWORKS IN YOUR HAND.
- PROTECT YOUR EYES, ALWAYS WEAR SAFETY GLASSES
- LIGHT ONE FIREWORK AT A TIME AND MOVE AWAY QUICKLY—NEVER RELIGHT A "DUD".

#### BE RESPONSIBLE... AFTER YOU FINISH

- SOAK USED FIREWORKS IN WATER.
- BE CONSIDERATE AND CLEAN UP USED FIREWORKS.
- REMEMBER FIREWORK DEBRIS BELONG IN THE TRASH, NOT THE RECYCLE BIN.
- KEEP MATCHES AND LIGHTERS AWAY FROM CHILDREN.



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# THE DISPATCH

A COMMUNITY NEWSLETTER

## THIS EDITION

F.A.S.T. INFO

WILDLAND FIRES

MEET YOUR STAFF

CHIEFS MESSAGE

OUR SERVICES

VOLUNTEER OPPORTUNITIES

FIREWORK INFORMATION

